



Indians Cross Country Boosters
Dr. Bender Cross Country Classic
Open 5K, Middle School Age 2-Mile & Elementary Age 1.5K



Alumni Race Rules:

If you graduated from a high school and have entered the Open 5K, you are automatically entered in the **Alumni Race!**

- 1) Every entrant in the Open 5K race will write their name, age, high school, and sex on the entry form and on their tear-away race tag at the bottom of their race bib.
- 2) High schools with at least 4 alums finishing will score as a team.
- 3) Alumni teams do not designate their 4 runners before the race.
- 4) Alumni teams will be determined by combining the first 4 alums based on times adjusted for sex. Should there be more than 4 alums from any one school, the next 5-8 alums (based on times adjusted for sex) will be the "B" alumni team from the school, and so on for additional alums/teams.
- 5) Alumni teams will be ranked by adding the adjusted times of the 4 fastest competitors from the same high school to come up with a cumulative time (the next 4 from the same school will be the "B" alumni team from that school, etc.). The fastest cumulative team time (based on adjusted times) will be the winner, second fastest cumulative team time (based on adjusted times) will be second, etc.
- 6) Adjusted times: Female times will be adjusted by multiplying their time by 84.36%. The adjusted time percentage was determined by taking the average time of the top 60 boy finishers at the past five OHSAA D2 state meets (16:39), which is 84.36% of the average time of the top 60 girl finishers (19:44) in the same meets. This adjusted time will only be used in calculating alumni team cumulative times.